

# BUFFET DE NATAL | CHRISTMAS BUFFET

## Vila Galé Sintra

### ENTRADAS STARTERS

Creme de legumes	Vegetables cream soup
Sopa de camarão	Shrimp soup
Mini salgadinhos e folhados diversos	Mini nibbles and mini pies
Saladas	Salads
Molhos vários	Sauces
Tira gostos	Strip tastes
Queijos light e tostas	Light cheeses and toasts
Charcutarias magras	Lean cold meats
Sementes digestivas	Digestive seeds
Bacalhau fumado	Smoked cod fish

### PRATOS QUENTES HOT COURSES

Lombo de novilho grelhado com molho de manga	Grilled beef loin with mango sauce
Escalopes de porco com amêijoas	Pork escalope's with clams
Peito de peru com castanhas salteadas	Turkey breast with sautéed chestnuts
Peixe galo grelhado com manteiga de alcaparras	Grilled John dory with capers sauce
Bacalhau com camarão em crosta de amêndoa	Cod fish with shrimps on an almond crust
Strogonoff de legumes	Vegetables strogonoff
Arroz basmati	Basmati rice
Arroz integral de salsa	Brown parsley rice
Batata palito assada	Roasted french fries
Batata miúda com alecrim	Oven roasted potatoes with rosemary
Bróculos a vapor	Steamed broccolis
Pak choi salteada	Sautéed bok choy
Macarrão integral gratinado com mozzarella light	Light mozzarella whole wheat macaroni gratin
Fusilli integral salteado com camarão, coentros e tomate cherry	Sautéed whole wheat fusilli with shrimps, corianders and cherry tomato



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### SOBREMESAS E FRUTAS | DESSERTS AND FRUITS

Arroz Doce com coco, gengibre e laranja	Coconut rice pudding with ginger and orange
Mousse de manga	Mango mousse
Maçã raineta assada	Roasted pippin apple
Crumble de frutos vermelhos	Red fruits crumble
Farófias saudáveis	Healthy lemon puffs with custard
Filhoses de forno	Oven roasted traditional Christmas dough
Bolo rei vegan	Vegan Portuguese Christmas cake
Fruta laminada	Sliced fruits
Gelados de índice glicémico reduzido	Low glycaemic ice creams
Salada de fruta	Fruit salad
Fruta fresca da época	Fresh seasonal fruits

Mínimo 20 pax | Minimum 20 pax



# MENU DE NATAL | CHRISTMAS MENU

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### ENTRADAS STARTERS

**Creme de ervilhas com camarão salteado e rebentos**  
Peas crème soup with sautéed shrimps and sprouts

**Canja de bacalhau seco com ovo de codorniz e poejos**  
Dried cod stock soup with quail egg and squaw mint

**Queijo chevre gratinado com texturas de maçã, pinhões e mizunas**  
Chevre cheese gratin with apple textures and mizuna salad

**Salmão fumado com citrinos, rúcula e natas acidas**  
Smoked salmon with citrus, rocket salad and sour cream

### PEIXE FISH

**Lombos de bacalhau confitado, grelos salteados mousse de grão e azeite e alho**  
Cod fish confit with sautéed cabbage sprouts, chickpeas mousse and olive oil with garlic

**Garoupa brazeada, puré de batata ratte trufada, legumes baby e azeite virgem**  
Brazed grouper with truffle ratte potato pure, baby vegetables and virgin olive oil

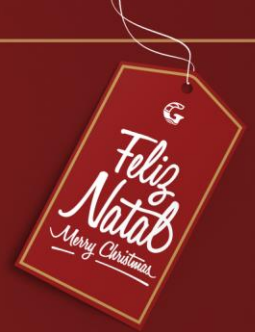
**Peixe galo com salteados de legumes da época, pleurotus e creme de champanhe**  
John Dory fillets with sautéed season vegetables, pleurotus mushrooms and champagne cream

### CARNE MEAT

**Lombinho de porco, mousse de batata doce e cassia, pak-choi, molho de tomilho e mel**  
Pork fillet loin, sweet potato mousse with cassia, bok choy, thyme and honey sauce

**Peito de peru recheado com ameixa, chipolata e molho de alecrim**  
Turkey breast stuffed with prunes, chipolata and rosemary sauce

**Lombo de novilho, cogumelos, legumes glaceados e redução de vinho do Porto**  
Seared calf fillet, mushrooms, glazed vegetables and port reduction sauce



# MENU DE NATAL | CHRISTMAS MENU

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### BUFFET DE SOBREMESAS | DESSERTS BUFFET

#### **Filhoses no forno**

Oven cooked traditional portuguese dough

#### **Rabanadas light**

Light french toasts

#### **Bolo rei vegan**

Vegan portuguese Christmas cake

#### **Farófias saudáveis**

Healthy lemon puffs with custard

#### **Leite creme caramelizado**

Caramelized custard

#### **Arroz doce**

Rice pudding

#### **Mousse de chocolate**

Chocolat mousse

#### **Arroz doce**

Rice pudding

#### **Salada de fruta**

Fruit salad